

CAYA® Contoured Diaphragm

Intravaginal Barrier Device Product Description

Product Benefits:

- Easy insertion and removal
- Easy fit (one size fits most)
- Comfortable for both partners
- Eliminates latex-related odors
- Hormone-Free Contraceptive

Product Specifications:

| | |
|-----------------|---|
| Elastic body: | 50 shore-A durometer medical-grade silicone |
| Core: | Contoured, one-piece polymer spring |
| Overall length: | 75 mm |
| Overall width: | 67 mm |
| Membrane: | 0.010" nominal thickness |



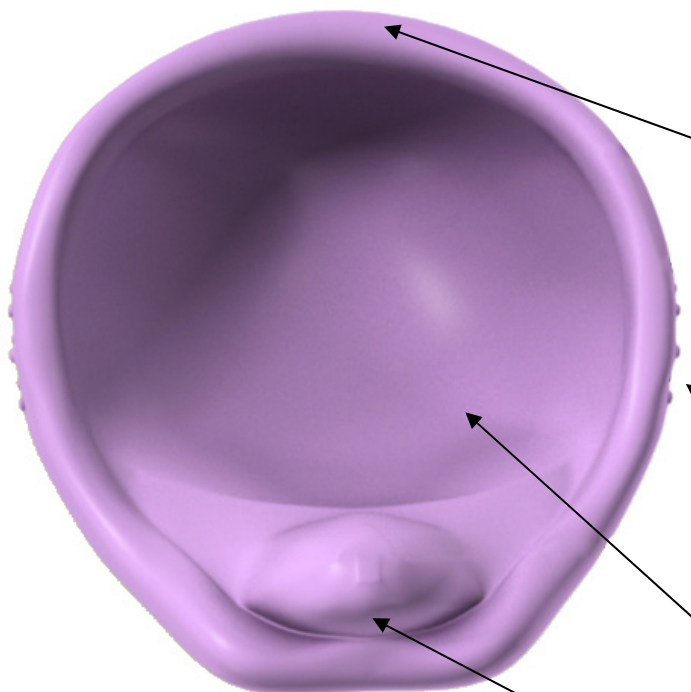
Product Features:

Dynamic contours

- Folds in optimal insertion shape
- Embeds gently in supportive tissue

Gentle folding dynamics

- Soft, easy folding during insertion and removal
- Slides gently out of the vagina



Firm insertion edge

- Folds compactly for easy insertion
- Stable shape when pushing into vagina
- Supports cervical cup in posterior fornix

Grip dimples (nubs)

- Enhanced grip when slippery
- Cue for bending locations

Cervical cup membrane

- Sized to fit a range of cervical positions
- Surrounds the cervix

Relief arch

- Provides finger rest during insertion
- Extra clearance for partner

Fingertip removal dome




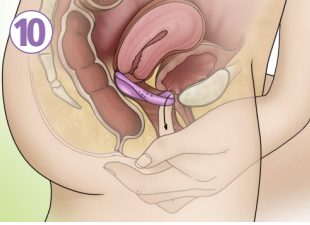


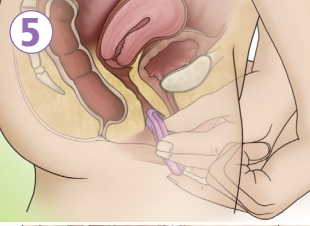

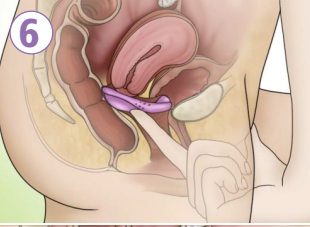

- Enables easy hooking for removal (from top or bottom)
- Cue for insertion orientation



Distributed by
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Caya® *contoured diaphragm*
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Quick Start Guide for safe and easy use

| | | | |
|---|---|---|---|
|  | <p>Before insertion, Caya[®] is folded using grip nubs on each side. About 4 ml (one teaspoon) of contraceptive gel is poured into each fold of the Caya[®].</p> |  | <p>In case of repeated sexual intercourse, the diaphragm remains in the vagina. To ensure continued safety, before the second coitus, additional gel must be introduced into the vagina using a gel applicator.</p> |
|  | <p>A small amount of contraceptive gel is spread on the rim. This will help facilitate insertion into the vagina.</p> |  | <p>The diaphragm must remain in the vagina at least 6 hours before it is removed. (Otherwise, motile sperm might ascend into the then unprotected cervical canal.)</p> |
|  | <p>The Caya[®] diaphragm and contraceptive gel can be applied up to 2 hours before coitus.</p> |  | <p>The Caya[®] is pulled out of the vagina using the recessed grip.</p> |
|  | <p>The diaphragm is held in one hand. During insertion, the arrow on it points towards the body.</p> |  | <p>After removal from the vagina, the Caya[®] diaphragm is rinsed with water and soap and dried in the open case.</p> |
|  | <p>Caya[®] is pushed past the vaginal portion of the cervix into the posterior fornix. The recessed grip fills the retropubic space completely.</p> |  | <p>For protection against external influences, the Caya[®] should always be stored in the supplied case.</p> |
|  | <p>Caya[®] is correctly placed when the cervix is completely covered by the diaphragm and placed between the retropubic arch and the niche on the pubic bone.</p> |  | <p>Important: The Caya[®] diaphragm should never remain in the vagina for more than 24 hours.</p> |
|  | <p>The placement should be controlled with the finger after insertion. It is correct when the cervix can be felt through the membrane of the diaphragm (feels like the tip of a nose). Otherwise, the diaphragm must be removed and inserted again.</p> |  <p>The Caya[®] diaphragm can be used for 2 years from the first application.</p> | |